The Muscular System

The muscular system enables the body to move.

1. Identify the muscles shown in Figure A. Write the name of each muscle in the space provided.

A. ____________________  
B. ____________________  
C. ____________________

2. Name a part of the body where each type of muscle cells can be found.
   a. smooth muscle cells ____________________
   b. skeletal muscle cells ____________________

3. Use these letters to identify the kind of muscle action used in each activity listed below:
   V = voluntary muscle  IV = involuntary muscle
   a. lifting ______________ d. breathing ______________ g. whistling ______________
   b. digestion ______________ e. swallowing ______________ h. climbing ______________
   c. running ______________ f. singing ______________ i. choking ______________

Copyright © 1986 — Milliken Publishing Co. All rights reserved.